



*The Dream Begins Here...*



School of Russian American Ballet

## **An Introduction to Brighton Ballet Theater Workshops**

Dear Principal/School Director,

I want to encourage you to consider hosting a series of lecture-demonstrations, residencies and/or after school workshops with Brighton Ballet Theater/School of Russian American Ballet (BBT). As you're well aware, exposure to the arts is a fundamental part of every child's learning and growth. Brighton Ballet Theater is a premier dance school, and arts in education provider serving all five boroughs. BBT has been giving arts in education workshops and lecture demonstrations for over 15 years and is registered with the Board of Education. Brighton Ballet is known as a diverse school and our programs are designed specifically for children of all abilities, ages and backgrounds.

We provide exciting and educational arts in education ballet and classical dance programs including "Fairy Tales in Motion", "Understand the World through Dance"; "Music in Action"; "Jump for Joy" and "Why Dance?" In addition, we offer "Let's Dance! Ballroom and Latin Dance" "All About Folk Dance" and "Anyone Can Dance."

We have been teaching dance to thousands of boys and girls ages 2-19 since 1987. Our instructors have graduated from the world's finest ballet schools and colleges and have performed with the most prestigious ballet companies throughout the world. We have hundreds of satisfied customers who invite us back to their school again and again. Please note we have recently started to offer arts in education workshops that are especially designed for special needs students.

We are looking forward to working with your school!

Sincerely,

Irina Roizin, Executive Director  
Brighton Ballet Theater

### **Fairy Tales In Motion**

**T**his arts education program has been especially designed to benefit elementary school students in the art of dance while developing their skills in literacy. During the first few classes, time is spent reading the fairy tale that has been provided as well as learning basic dance instruction. After the class has become familiar with the fairy tale, the instructor guides the students in choreographing their own original ballet based on the short story they have just read.

Throughout the entire class, students are given many participatory roles in the creation of the ballet, which allows them to be directly engaged in making art rather than just being instructed. In this capacity, the children serve as judges; choosing which peer plays which character. They serve as composers; choosing the music that best fits each role and they serve as choreographers; creating their own dances. They even design their own costumes. The BBT's dance instructor's role is to provide a framework and a vocabulary for the students to work with, but the goal of the program is to allow the students to operate as a team and take ownership of the ballet. In this way, the students are engaged in understanding dance and literature more thoroughly and learn how to empathize with different characters, thus making their learning experience a more fulfilling one.

This program is best designed for Grades 2 through 5.



**The School of Russian American Ballet**

2001 Oriental Blvd. Building T7, 2<sup>nd</sup> Floor, Room 7211 Brooklyn, NY 11235

Phone: (718) 769-9161 | [www.brightonballet.org/bac.htm](http://www.brightonballet.org/bac.htm) | Email: [info@brightonballet.org](mailto:info@brightonballet.org)



## Let's Dance! Ballroom and Latin Dance

Everyone wants to learn how to move to the beat of Latin American & Ballroom dance. BBT's uniquely designed curriculum provides a step-by-step guide to a wide variety of Latin & Ballroom dances including salsa, cha-cha, tango or mambo and more.

Not only do students and teachers learn precise dance routines, but classes and BBT's Let's Dance residencies serve as a doorway to new cultures, music, geography, costumes, history and more. In-house residencies typically last for 10 to 16 weeks per season. Our students are guaranteed to learn, laugh and have fun. Let's Dance!

This program is designed for grades 2-12

## Music In Action

Students will work with instructors from the BBT/School of Russian Ballet to learn many aspects of dance and music ranging from a wide variety of dance forms including Modern/Popular dance, classical ballet, Zumba, Caribbean, Hip/Hop Funk, jazz dance and more. Students will learn about different composers while learning about dance. In taking this class students will become aware of dance actions and performing these "actions" to gain a sense of movement, timing, rhythm, musicality and the understanding of how to use space. Using partner work, students will perform directed movement accurately and be able to contribute to a final large group piece of their own composition. This program is designed for all grades K-12.

## Understand the World through Dance

We strongly believe that diverse cultures that make up this exciting place we live in will be brought together with a better understanding of each other through dance, increasing peace and harmony.

This workshop allows students to learn a variety of concepts such as the basic dance movements, dancing to music, exploring space, time, learning discipline and creating opportunities for friendship and cultural-oriented learning. Students learn what dance represents including the history, traditions and value of culture. Dance as physical education helps students recognize similarities and differences among people. The dance moves they learn are fundamental in developing their strength, flexibility and balance. Students also get the opportunity to work with the teacher learning geography, words in a new language, trying on traditional costumes, hearing music and connecting history and traditions of different cultures through dance and movement. This program is designed for grades 2-12.

“Every child has the fundamental right to dance ... and every school can help children achieve their dream through a comprehensive arts education program.”

Irina Roizin, Executive Director, BBT

## Anyone Can Dance

This is an educational and fun program designed to help build confidence among students of any age or ability level. "Anyone Can Dance" is designed to meet students where they are and build confidence through a comprehensive but flexibly-paced dance education program. "Anyone Can Dance" can easily accommodate special needs, special education students and/or mainstreamed students. Using partner or team work, students will perform directed movement with the end goal of contributing to a final large group composition or performance. This program is designed for schools and afterschool programs to meet the needs of special needs students K-12. We can tailor the classes for small to large groups.

